

A gentle landing place where love-light, curiosity and awareness blend to inspire spiritual growth.

"There's a difference between interest and commitment. When you're interested in doing something, you do it only when it's convenient. When you're committed to something, you accept no excuses - only results."

Ken Blanchard

Reflection Questions
What are you interested in?
How often do you make time to take part in it?
What are you committed to?
How often do you make time to nurture it?

Ann Ruane, Certified Energy & Crystal Healer Helping shift perceptions, inspire curiosity and guide transformation from the inside out.