

A gentle landing place where love-light, curiosity and awareness blend to inspire spiritual growth.

"Those whom we most love are often the most alien to us."

Christopher Paolini

<u>Reflection Questions</u>

Choose a loved one. How well do you know them? Their strengths? Weaknesses? Fears? Goals? Dreams? Quirks? Past? Favorite song? Favorite food? Favorite hobby? What they dread? Explore this aspect with all of those whom you love in your life. It'll be a fun activity of getting to know those close to you.

Ann Ruane, Certified Energy & Crystal Healer Helping shift perceptions, inspire curiosity and guide transformation from the inside out.