



*A gentle landing place where  
love-light, curiosity and awareness  
blend to inspire spiritual growth.*

It is better to be hated for who you are than to be loved for something you are not.  
-Andre Gide

Reflection Questions:

What are the different masks you wear, depending on who you are with?

How does it feel to be someone other than who you know yourself to be?

Why do you choose to continue to hide who you are?

*Ann Ruane, Certified Energy & Crystal Healer  
Helping you shift perceptions, inspire curiosity and guide transformation from the inside out.*