



*A gentle landing place where
love-light, curiosity and awareness
blend to inspire spiritual growth.*

None of us knows what might happen even the next minute, yet we still go forward.
Because we trust. Because we have Faith.

–Paulo Coelho

Reflection questions

What doubts run through your mind?

What triggers the doubt?

How can you bring trust into those thoughts?

*Ann Ruane, Certified Energy & Crystal Healer
Helping you shift perceptions, inspire curiosity and guide transformation from the inside out.*