



*A gentle landing place where  
love-light, curiosity and awareness  
blend to inspire spiritual growth.*

We're not supposed to be perfect. If we were, they wouldn't make pencils with erasers.

-Unknown

### Reflection Questions

What is one thing or area in which you demand perfection of yourself?

Why do you resist wiggle room for error?

What do you believe you gain by being perfect?

What might you gain by using your eraser and being less than perfect?

*Ann Ruane, Certified Energy & Crystal Healer  
Helping you shift perceptions, inspire curiosity and guide transformation from the inside out.*