



*A gentle landing place where
love-light, curiosity and awareness
blend to inspire spiritual growth.*

What if the question is not why am I so infrequently the person I really want to be,
but why do I so infrequently want to be the person I really am?"

-Oriah, from *The Dance*

Reflection Questions

What kind of person do you want to be?

What kind of person do you perceive yourself to be?

How do they differ?

What gets in the way of being the person you really are?

*Ann Ruane, Certified Energy & Crystal Healer
Helping you shift perceptions, inspire curiosity and guide transformation from the inside out.*