



*A gentle landing place where
love-light, curiosity and awareness
blend to inspire spiritual growth.*

If you want to achieve greatness, stop asking for permission.

-Unknown

Reflection Questions

Whose permission are you waiting to receive?

Where does the fear behind the need for approval stem from?

What would it take for you to step into your greatness and take action on your dreams?

*Ann Ruane, Certified Energy & Crystal Healer
Helping you shift perceptions, inspire curiosity and guide transformation from the inside out.*

ann@luxeternahealing.com

www.LuxEternaHealing.com

#luxeternahealing