



*A gentle landing place where
love-light, curiosity and awareness
blend to inspire spiritual growth.*

You may make mistakes, but you are not a failure until you start blaming someone else.

-Unknown

Reflection Questions

How do you handle making mistakes?

How often do you take responsibility versus blaming someone else?

When you take ownership in your words or actions, what level of intensity do you experience when talking to yourself?

*Ann Ruane, Certified Energy & Crystal Healer
Helping you shift perceptions, inspire curiosity and guide transformation from the inside out.*