

A gentle landing place where love-light, curiosity and awareness blend to inspire spiritual growth.

I'm not going to limit myself just because people won't accept the fact that I can do something else.

-Dolly Parton

Reflection Questions

In what way(s) do you feel limited due to others' perception of you?

Why is their perception of you more important than your own perception of you?

What do you really want to do but are afraid of how people will respond?

Ann Ruane, Certified Energy & Crystal Healer Helping you shift perceptions, inspire curiosity and guide transformation from the inside out.