



*A gentle landing place where
love-light, curiosity and awareness
blend to inspire spiritual growth.*

Jealousy is the result of one's lack of self-confidence, self-worth, and self-acceptance.

-Sasha Azevedo

Reflection Questions

How often do you find yourself feeling jealous?

What or whom triggers the jealousy?

How would you describe your sense of self-acceptance?

*Ann Ruane, Certified Energy & Crystal Healer
Helping you shift perceptions, inspire curiosity and guide transformation from the inside out.*