



*A gentle landing place where  
love-light, curiosity and awareness  
blend to inspire spiritual growth.*

Despite how open, peaceful and loving you attempt to be, people can only meet you as deeply as they've met themselves.

@we are love

### Reflection Questions

How well do you know yourself?

What are your needs?

What expectations do you have of others in your life?

*Ann Ruane, Certified Energy & Crystal Healer  
Helping you shift perceptions, inspire curiosity and guide transformation from the inside out.*