



*A gentle landing place where
love-light, curiosity and awareness
blend to inspire spiritual growth.*

You can't change someone who doesn't see an issue in their actions.

-Unknown

Reflection Questions

What is behind the desire to change someone?

What judgment are you holding against that person that reflects back to something you need to attend to?

Who is the only person you can change?

*Ann Ruane, Certified Energy & Crystal Healer
Helping you shift perceptions, inspire curiosity and guide transformation from the inside out.*