



*A gentle landing place where
love-light, curiosity and awareness
blend to inspire spiritual growth.*

I've always lived my life the same way, full of excitement and anticipation of wonderful things and the knowledge that some not-so-wonderful things come with it.

-Joel Grey

Reflection Questions

What do you wait in excited anticipation for?

Does the fear of the 'not-so-wonderful' things cloud the anticipation?

What do you need to shift to allow the space of excited anticipation to live within you?

*Ann Ruane, Certified Energy & Crystal Healer
Helping you shift perceptions, inspire curiosity and guide transformation from the inside out.*