



*A gentle landing place where  
love-light, curiosity and awareness  
blend to inspire spiritual growth.*

The truth of the matter is that you always know the right thing to do. The hard part is doing it.

-Norman Schwarzkopf, Jr.

### Reflection Questions

What gets in your way from doing the 'right' thing?

How would things be different if you chose the right action?

What role do honor and respect have in this choice?

*Ann Ruane, Certified Energy & Crystal Healer  
Helping you shift perceptions, inspire curiosity and guide transformation from the inside out.*