



*A gentle landing place where
love-light, curiosity and awareness
blend to inspire spiritual growth.*

“It always seems impossible until it's done.”

Nelson Mandela

Reflection Questions

Think of a time when you were involved in a project that seemed impossible. What were the roadblocks that popped up for you?

How did you handle the challenges?

How did you feel when the project was complete?

*Ann Ruane, Certified Energy & Crystal Healer
Helping shift perceptions, inspire curiosity and guide transformation from the inside out.*

ann@luxeternahealing.com

www.LuxEternaHealing.com

@luxeternahealing