



*A gentle landing place where  
love-light, curiosity and awareness  
blend to inspire spiritual growth.*

“Envy comes from people’s ignorance of, or lack of belief, in their own gifts.”

Jean Vanier

### Reflection Questions

What gifts are you envious of in other people?

What gifts do you have?

What can you do to foster your gifts?

*Ann Ruane, Certified Energy & Crystal Healer  
Helping shift perceptions, inspire curiosity and guide transformation from the inside out.*

[ann@luxeternahealing.com](mailto:ann@luxeternahealing.com)

[www.LuxEternaHealing.com](http://www.LuxEternaHealing.com)

@luxeternahealing