



*A gentle landing place where
love-light, curiosity and awareness
blend to inspire spiritual growth.*

Some changes look negative on the surface but you will soon realize that space is being created in your life for something new to emerge.

-Eckhart Tolle

Reflection Questions:

What are you currently experiencing that is viewed as negative?

How might that open into something positive?

Recall a time when you were resisting change? How did the experience turn out? What did you gain from it?

*Ann Ruane, Certified Energy & Crystal Healer
Helping you shift perceptions, inspire curiosity and guide transformation from the inside out.*