



*A gentle landing place where  
love-light, curiosity and awareness  
blend to inspire spiritual growth.*

There is no such thing as a perfect of you. Every day you'll make choices that change who you're going to be. Who you're becoming is not finished. Which means you can be different no matter who you've been up till now.

-Brian Andreas

### Reflection Questions

What choices have you made today that reflect who you really are?

What choices have you made today that you most likely won't make again?

What is the difference in the motivation behind those two answers?

*Ann Ruane, Certified Energy & Crystal Healer  
Helping you shift perceptions, inspire curiosity and guide transformation from the inside out.*