



*A gentle landing place where
love-light, curiosity and awareness
blend to inspire spiritual growth.*

Trust yourself. Create the kind of self that you will be happy to live with all your life. Make the most of yourself by fanning the tiny, inner sparks of possibility into flames of achievement.

Golda Meir

Reflection Questions

What are you doing to fan the spark within?

How much faith do you have in yourself to do so?

*Ann Ruane, Certified Energy & Crystal Healer
Helping you shift perceptions, inspire curiosity and guide transformation from the inside out.*