



*A gentle landing place where
love-light, curiosity and awareness
blend to inspire spiritual growth.*

Dream and give yourself permission to envision a You that you choose to be.

Joy Page

Reflection Questions

Who do you choose to be?

What do you currently do that supports that?

What other ways can you support being a You that you choose to be?

*Ann Ruane, Certified Energy & Crystal Healer
Helping you shift perceptions, inspire curiosity and guide transformation from the inside out.*

ann@luxeternahealing.com

www.LuxEternaHealing.com

#luxeternahealing